




**ASGO Education- Discussion:
Hypofractionated Radiotherapy in
gynaecological cancers**



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**Radiobiological rationale of
hypofractionation in
gynaecological malignancies: α/β ,
OTT, Histology...**

The alfa and beta of tumours: a review of parameters of the linear-quadratic model, derived from clinical radiotherapy studies



Bladder ($I^2=0\%$)

Study	α/β [95%CI]
[238]-1 Pos 2006 (TCC)*	24.0 [1.3, ∞]
[238]-2 Pos 2006 (TCC)	13.0 [2.5, 69.0]

Breast ($I^2=0\%$)

Study	α/β [95%CI]
[236] Owen 2006 (AD)	4.0 [1.0, 7.8]
[241]-1 Qi 2011 (AD)	4.4 [-3.1, 11.8]
[225] Guerrero 2003 (US)*	10.0
[259] START A 2008 (US)	4.6 [1.1, 8.1]
[241]-2 Qi 2011 (US)	3.9 [0.4, 7.4]
[241]-3 Qi 2011 (US)	3.3 [1.3, 4.6]
[241]-4 Qi 2011 (US)	3.9 [-2.4, 10.1]
[241]-5 Qi 2011 (US)	2.5 [0.9, 4.1]
[241]-6 Qi 2011 (US)	2.2 [0.6, 3.8]
[241]-7 Qi 2011 (US)	3.2 [-0.6, 7.1]

Cervix

Study	α/β [95%CI]
[267] Wang 2004 (CNOS)*	10.0
[168] Roberts 2004 (SCC)*	52.6 [20.8, ∞]
[223] Datta 2005 (SCC)	26.0

CNS ($I^2=60\%$)

Study	α/β [95%CI]
[226] Henderson 2009 (CHO)	2.4
[240]-1 Qi 2006 (GLI)	5.6 [-3.8, 15.0]
[240]-2 Qi 2006 (GLI)	10.0 [-5.1, 25.1]
[240]-3 Qi 2006 (GLI)	5.8 [-6.0, 17.6]
[228] Jones 2007 (GLI)	9.3
[211]-1 Barazzuol 2010 (GLI)	3.1
[211]-2 Barazzuol 2010 (GLI)	12.5
[249] Shrieve 2004 (MEN)	3.3 [2.7, 3.8]
[263]-1 Vernimmen 2010 (MEN)	3.8 [2.8, 4.6]
[263]-2 Vernimmen 2010 (MEN)	3.3 [2.2, 6.8]
[263]-3 Vernimmen 2010 (VS)	2.4 [0.8, 3.9]
[263]-4 Vernimmen 2010 (VS)	1.8 [1.3, 3.0]

α/β depend on:

- Tumor site
- Tumor histology



Overall treatment time in advanced cervical carcinomas: A critical parameter in treatment outcome

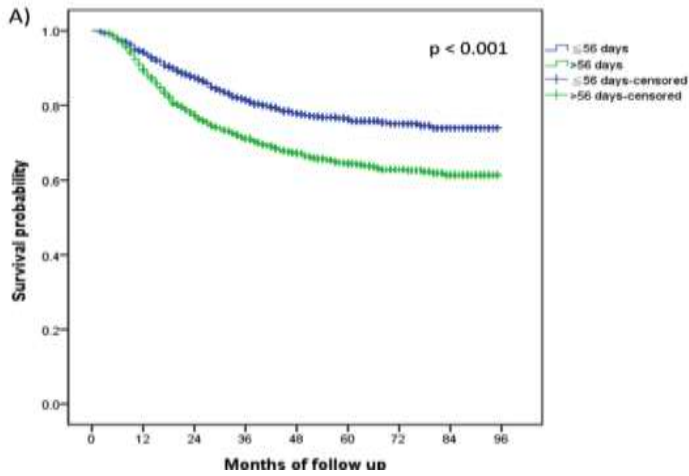
- 386 patients of stage IIB and III carcinoma cervix
- Highly significant factors for reduced local control and OS:
 - Blood transfusion
 - Overall treatment time
- OTT > 52 days: LC and OS reduce by 1% per day

The prognostic impact of overall treatment time on disease outcome in uterine cervical cancer patients treated primarily with concomitant chemoradiotherapy: a nationwide Taiwanese cohort study

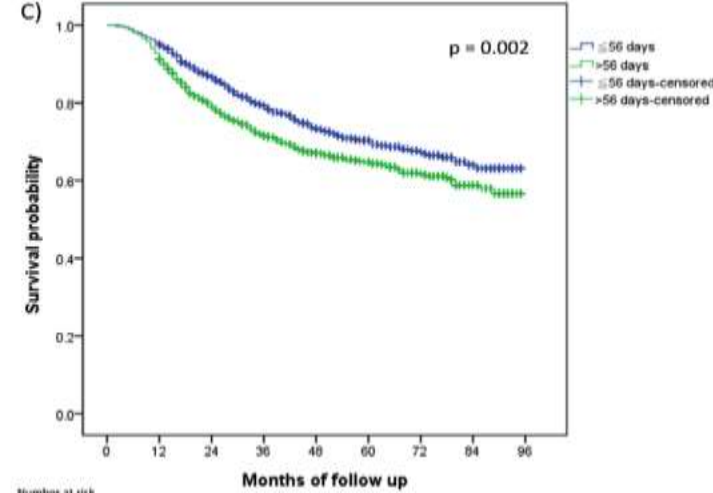
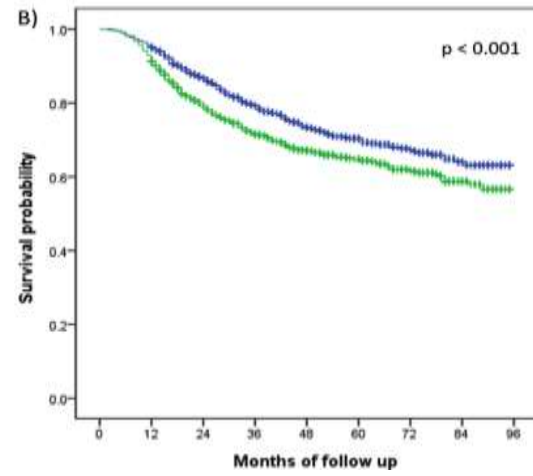


- Population based cohort study
- 2594 patients of stage I-IVA cervical cancer
- Median irradiation duration: 59 days
- Significant prognostic factors related to poor CSS and OS:
 - Old age
 - Non-squamous cell cancer type
 - Increased tumor size
 - High grade
 - Increased OTT
 - Advanced stage

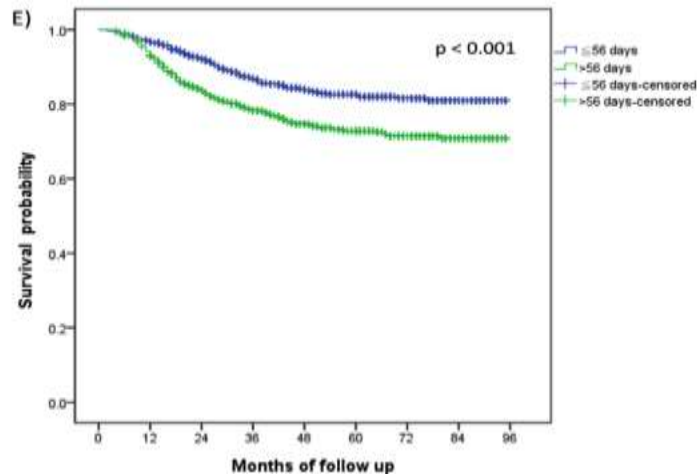
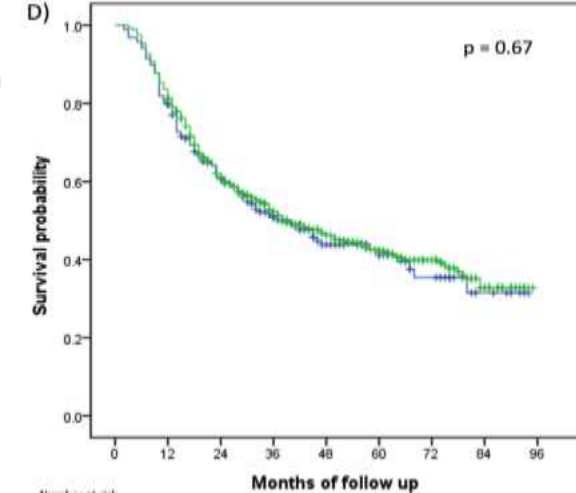
The prognostic impact of overall treatment time on disease outcome in uterine cervical cancer patients treated primarily with concomitant chemoradiotherapy: a nationwide Taiwanese cohort study



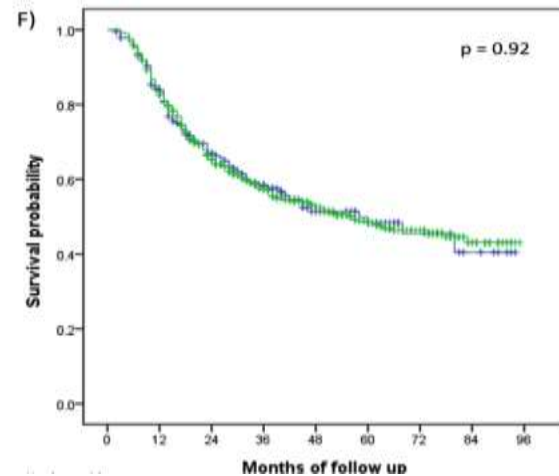
CSS & OS for all patients



OS for I-II B & III-IV A



CSS for I-II B & III-IV A



Completion of CCRT recommended particularly for stage I-II B patients



SBRT boost after EBRT...



Ongoing Trials...

Author (setting)	n	Stage	Patients' inclusion	Median follow-up (range)	EBRT	SBRT boost technique & dose	Treatment outcome		Grade ≥ 3 toxicity
							OS	LC	
Haas et al. [47] (R)	6	IIB (4), IV (2)	Not suitable for BT or refuse BT	14 mo (1-28)	45 Gy/25 fx	CK & 20 Gy/5 fx or 19.5 Gy/3 fx	100%	100% in 5 pts with a minimum of 1 year	None
Marnitz et al. [48] (R)	11	IIB (9), IIIB (2)	Not suitable for BT	6 mo	50.4 Gy/28 fx	CK & 30 Gy/5 fx	100%	100%	None
Ito et al. [49] (P, Phase I)	6	IIIA (2), IIIC (4)	Not suitable for BT	17 mo (8-32)	45 Gy/25 fx	LINAC & 19.5-22.5 Gy/3 fx	NA	100%	None
Facondo et al. [50] (R)	9	II (5), III (2), IVA (2)	Not suitable for BT	16 mo (6-58)	50.4 Gy/28 fx	LINAC & 12-25 Gy/2-5 fx	2-year 70%	1 recurrence	Acute: None
Hsieh et al. [51] (R)	9	IIB (4), IIIB (3), IVA (2)	Not suitable for BT	36 mo	50-50.4 Gy/25-28 fx	Tomotherapy & 16-27 Gy/5-9 fx	47%	78%	Acute: 2 pts
Morgenthaler et al. [52] (R)	31	I (2), II (20), III (4), IVA (5)	Not suitable for BT or refuse BT	40 mo (5-84)	50.4 Gy/28 fx	CK & 25-30 Gy/5 fx	3-year 60%	3-year 92%	Acute: 1 pt
Lee et al. [54] (R)	25	I-II (11), III (9), IV (5)	Not suitable for BT	34 mo (4-79)	44-50.4 Gy/25-28 fx	LINAC & 20-33 Gy/4-6 fx	3-year 41%	3-year 81%	5/21 pts (23.8%)
Albuquerque et al. [53] (P, Phase II)	12	I-II (7), III (6), IV (2)	Not suitable for BT or refuse BT	19 mo	45 Gy/25 fx	LINAC & 28 Gy/4 fx	2-year 53%	2-year 70%	2-year 26.7%



Understanding...

- Impressive LC and OS data with EBRT and HDR-ICBT (MRI based)
- Use of brachytherapy decreasing due to
 - Shortage of human manpower
 - High expenses for source replacement
 - Low medical reimbursement
- Lack of prospective RCTs
- 3 studies reported OS & LC of 100% with no >Grade 3 adverse effects (6 & 11 patients & <2 yrs followup)
- Difficult to recommend specific dose regimen for SBRT (varies between 23.4- 40Gy)
- May be more effective in higher stage tumors



How will you be extra cautious while treating postoperative patients with hypofractionated radiotherapy?

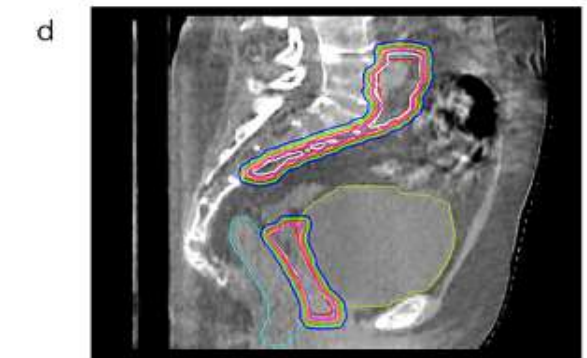
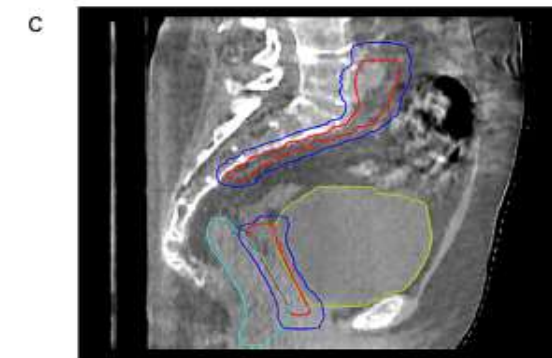
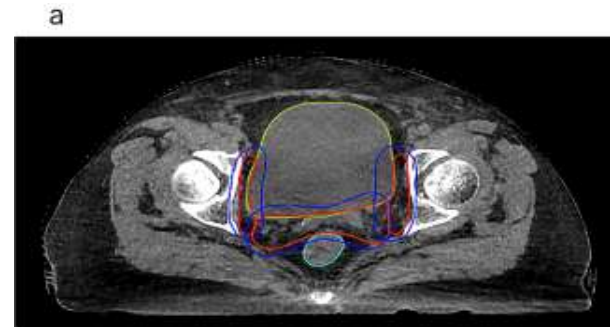


Trials of hypofractionated post op RT...

Author (setting)	n	Primary	Combined treatments	Median follow-up	Radiation technique & dose	Treatment outcome		Toxicity
						OS	LC	
Leung et al. [55] (P, Phase I/II)	61	EM	Sequential CTx (16), vaginal BT (9)	9 mo (IQR, 3–15)	VMAT & 30 Gy/5 fx (EOD or weekly)	NA	NA	GI: G2 (13%), G3 (1.6%) GU: G2 (3%)
Koukourakis et al. [56] (R)	25	EM (22), Cx (3)	Cytoprotection (amifostine)	31 mo	3D-CRT & 37.8 Gy/14 fx followed by boost 12 Gy/3–4 fx	100%	100%	Acute: G2 (8%) Late: G2 (4%) No G3
Kim et al. [57] (C)	1	Cx	None	1 mo	IMRT & 40 Gy/16 fx	NA	NA	Sigmoid perforation at 1 mo

Precautionary measures...

- Use of advanced technology (IMRT, IGRT...)
- Strict bladder filling
- How to ensure rectal volume?
- Use of prone technique?
- Role of Amifostine?





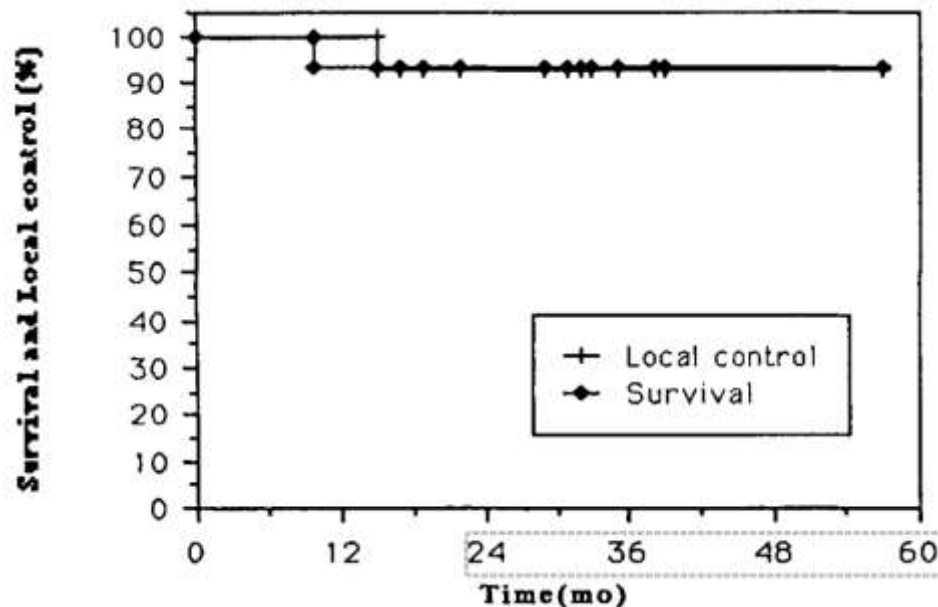
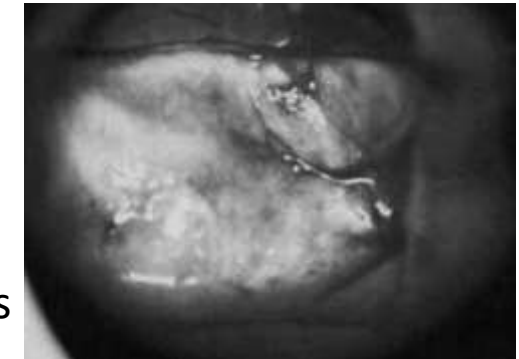
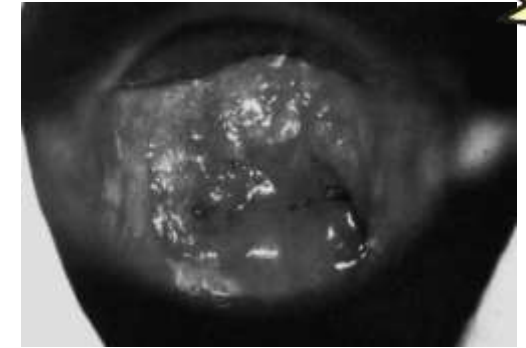
Can particle beam hypofractionated radiotherapy replace brachytherapy?

High-Energy Proton Beam Radiation Therapy for Gynecologic Malignancies

Potential of Proton Beam as an Alternative to Brachytherapy



Patient no.	Age (yr)	Sex	Tumor site	FIGO	Volume*	Dose(x)†	Dose(p)‡	Comment
1	70	F	Cervix	IIB	273	32.4/18	38.5/13	NED 57 mo
2	69	F	Cervix	IIB	139	0	82.0/25	NED 38 mo
3	67	F	Cervix	IIIB	132	0	74.5/17	Recurrence
4	58	F	Cervix	IIB	169	0	75.0/17	NED 39 mo
5	61	F	Cervix	IIB	195	30.6/17	48.5/19	NED 33 mo
6	67	F	Cervix	IIIB	255	30.6/17	61.2/21	NED 32 mo
7	70	F	Cervix	IIIB	245	25.2/14	58.0/18	NED 31 mo
8	67	F	Cervix	IIIB	170	25.2/14	61.0/18	NED 29 mo
9	65	F	Cervix	IIB	250	0	84.0/28	NED 22 mo
10	49	F	Cervix	IIIB	595	28.8/16	76.0/20	Dead PA LN
11	73	F	Cervix	IIB	259	0	86.5/25	NED 17 mo
12	60	F	Cervix	IIIB	315	14.4/8	85.2/24	NED 17 mo
13	58	F	Corpus	III	441	37.8/21	101.3/25	NED 15 mo
14	64	F	Vagina	II	135	30.6/17	37.5/17	NED 35 mo
15	68	F	Vagina	II	162	0	90.0/28	NED 19 mo



- Target dose: >80Gy in most patients
- 2 yr local control rate: 92.3%
- 2 yr survival rate: 93.3%
- Only one patient had local recurrence (14/15 patients were LR controlled at 15-57 months)
- 2 patients had Grade II radiation proctitis only
- Sharply localized PBT produce antitumor effect equivalent to conventional brachytherapy



LONG-TERM RESULTS OF PROTON BEAM THERAPY FOR CARCINOMA OF THE UTERINE CERVIX

- 25 patients of carcinoma cervix treated with 50.4Gy/28# of photon RT to whole pelvis with central shielding placed after 25Gy followed proton RT to primary tumor and adjacent tissue to a dose of 61Gy @ 2.5-4 Gy/#
- OS at 10 yrs: 59% (for stage IIB-89% and for stage IIIB/IVA- 40%)
- Cause specific survival at 10 yrs: 65%
- 5-yr local control rate for stage IIB: 100% and for all patients was 75%

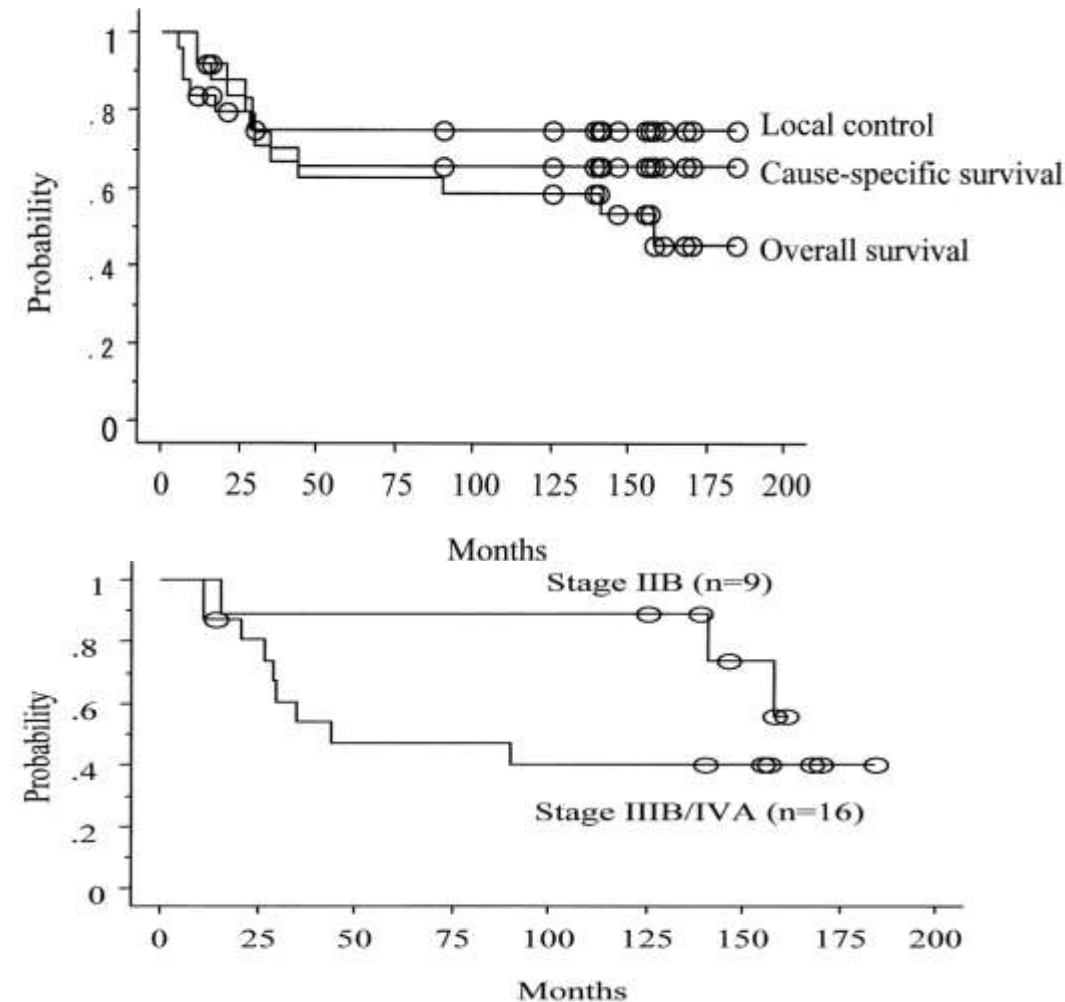


Fig. 2. Overall survival of patients with Stage IIB or IIIB/IVA.

